



Disclosure & Release

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and/or relief of muscular/myofascial tension. If I experience any discomfort or pain not within my pain threshold during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination or diagnosis and that I should see a physician or other medical specialist for any physical or mental ailment that I am experiencing.

I completely understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session should be construed as such. Because massage or bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly.

I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I forget to do so.

Policy & Fee Statement

Payment is due when services are rendered. We accept personal checks or cash. We are not equipped for credit or debit card services. Receipts are available for your personal records, as well as any insurance support documentation.

If you arrive late for your appointment, please be aware that your treatment will still end at the scheduled time.

Dress in loose comfortable clothing if possible. It is recommended that you plan to relax after your treatment (especially the initial visit) as you may feel tired. It is recommended that you hydrate well with water after your session.

Client's Signature: _____ Date: _____

Practitioner's Signature: _____ Date: _____